

Terms of Service

OsteoStrong Springfield

Last Updated: 12/2/2025

Welcome to OsteoStrong Springfield (“we,” “our,” or “us”). These Terms of Service (“Terms”) govern your access to and use of our website, services, programs, membership, and facility. By accessing or using any of our services, you agree to be bound by these Terms.

If you do not agree with these Terms, do not use our services.

1. Services Provided

OsteoStrong Springfield provides skeletal strength conditioning sessions, wellness services, educational resources, and related programs. Services may change, expand, or be updated at any time.

2. Eligibility

To use our services, you must:

- Be at least **18 years old**
- Provide accurate personal and health information
- Follow all safety instructions given by staff
- Sign required waivers or consent forms before participation

3. Memberships & Payments

3.1 Membership Terms

Memberships may include monthly, annual, or promotional plans. All membership details—including pricing, benefits, and session frequency—are provided at the time of enrollment.

3.2 Automatic Billing

If you enroll in an auto-renewing membership:

- Your payment method will be charged automatically
- Charges continue until you cancel in accordance with Section 3.3

3.3 Cancellation Policy

Members may cancel by:

- Providing a written cancellation request
- Following all cancellation terms in the membership agreement

Fees may apply depending on your plan.

3.4 Refunds

All sales are **final** unless otherwise stated in the membership agreement. Refunds may be provided only at management's discretion.

4. Health & Safety Acknowledgment

4.1 Physical Condition

You acknowledge that:

- You are physically able to participate in OsteoStrong services
- You have disclosed any relevant medical conditions
- You are responsible for consulting a healthcare provider before participation

4.2 Risks

While OsteoStrong focuses on low-impact, controlled movements, participation carries inherent risks. By using our services, you assume all risks related to participation.

4.3 Staff Instructions

5. Scheduling & Attendance

5.1 Appointments

Sessions are by appointment unless otherwise specified. We reserve the right to modify schedules or availability.

5.2 Late or Missed Appointments

Late arrivals may result in reduced session time. Missed appointments may be subject to cancellation policies.

6. Code of Conduct

Members agree to:

- Treat staff and other members with respect
- Use equipment properly and safely
- Avoid disruptive or unsafe behavior

We reserve the right to deny service to anyone who violates facility rules.

7. Website Use

7.1 Acceptable Use

You agree not to:

- Misuse or tamper with our website
- Attempt unauthorized access
- Use the website for unlawful purposes

7.2 Accuracy of Information

Although we strive to ensure accurate information, we cannot guarantee that all website content is error-free or up-to-date.

8. Intellectual Property

All content on our website and in our facility—including logos, text, training materials, graphics, and media—is the property of OsteoStrong Springfield or its licensors. Unauthorized reproduction or distribution is prohibited.

9. Privacy

Your use of our services is also governed by our **Privacy Policy**, which describes how we collect, use, and protect your information.

10. Limitation of Liability

To the fullest extent allowed by law:

- OsteoStrong Springfield is **not liable** for injuries, losses, or damages resulting from your use of our services or facility.
- Our liability, if ever required, is limited to the amount paid for the service giving rise to the claim.

11. Assumption of Risk & Release

By using our services, you **voluntarily assume all risks** associated with participation and agree to **release and hold harmless** OsteoStrong Springfield, its owners, employees, and contractors from all claims arising from participation, except where prohibited by law.

12. Changes to Terms

We may update these Terms at any time. Updates will be posted with a revised “Last Updated” date. Continued use of our services constitutes acceptance of the updated Terms.

13. Governing Law

These Terms are governed by the laws of **Oregon**, without regard to conflict-of-law principles.

14. Contact Information

If you have questions about these Terms, please contact us:

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